



Continuing Education Course

Reference Number

9F2FA3F9-3048-7C56-9309FFA8DC92BCF9

Title

REGISTER ON-SITE /Physical Therapy Management of Individuals with HIV Disease: An Overview & Update.

Type

Didactic, in-person

Topic

Other

Instructor(s)

David M. Kietrys, PT, MS, OCS

Credits

4

Course Number

APTANJ2010

Course Map Key

Central

Course Approval Type

PRE-APPROVED by the NJ State Board of Physical Therapy Examiners

Course Approval Number

APTANJ2010

Website

see APTAnj homepage

Registration

see APTAnj homepage

Location

The Conference Center at Mercer
1200 Old Trenton Road
West Windsor, NJ 08550-3407

Course Start Date

04/17/2010

Course Start Time

9:00 am

Course End Date

04/17/2010

Course End Time

1:30 pm

Course Description

Instructional level: Intermediate
Target Audience: Licensed PT/PTA

This program will briefly review HIV disease pathophysiology and the current status of medical management of this chronic disease. The role of physical therapy across the stages of the disease will be described including optimal exercise programming from an evidence-based perspective. Strategies for management of frequently seen comorbidities, including lipodystrophy (fat redistribution syndrome) and peripheral neuropathy will be described. Case examples will be utilized to help illustrate key points. There will be a brief discussion of social / practice issues such as: working with HIV+ athletes, effective communication with HIV+ clients/patients and HIV+ therapists . Time for questions and answers will be included prior to the break and near the end of the program.

At the conclusion of this program the participant will earn 4 CE credits and will be able to:

- describe the neuromusculoskeletal features of HIV disease and discuss their effects on function;

- design safe exercise programs based on the stage of disease for HIV+ individuals;
- describe the role of the PT or PTA in the management of common impairments associated with HIV disease and its comorbidities
- integrate physical therapy interventions into a multidisciplinary model including effective medical management of the disease;
- apply recommendations for social issues such as working with HIV positive athletes and occupational exposure.

David M. Kietrys, PT, MS, OCS began his physical therapy education at University of Delaware and earned his advanced Master's degree in Orthopaedic Physical Therapy from Hahnemann University. He completed his PhD at Temple University, where his research focused on pathophysiology of repetitive motion injury. He is an ABPTS certified specialist in Orthopaedic Physical Therapy and is an Associate Professor in the Doctor of Physical Therapy program jointly sponsored by Rutgers Graduate School at Camden and UMDNJ School of Health Related Professions.

For the past 11 years, Dr. Kietrys has provided pro bono PT services to underserved individuals with HIV disease at the Early Intervention Program of Garden State Infectious Disease Associates in Voorhees, NJ. He has co-authored a book chapter in Umphred's Neurological Rehabilitation as well as two journal articles on rehabilitation of individuals with HIV disease. He lectures on the topic at several area universities.

Post Date

Apr 17, 2010

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Apr 18, 2010

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